



## 2009 TRICARE RESERVE SELECT FACT SHEET

The TRICARE Reserve Select (TRS) healthcare plan is available for eligible members of the Guard and Reserve and their families. Eligible members pay a monthly premium for TRS coverage and are responsible for annual deductibles and cost-shares for most care. TriWest Healthcare Alliance administers the TRS plan in the 21-state TRICARE West Region.

### Eligibility

- Members of the Selected Reserve who are not currently on active duty and are not eligible for (or enrolled in) a Federal Employees Health Benefit (FEHB) plan may purchase TRS coverage.
- Eligible beneficiaries can enroll into TRS at any time. Coverage can begin the first or second month after submitting the enrollment form with the first premium payment. If enrolling after a period of coverage under another TRICARE plan, coverage can be continuous.

### 2009 Premium Change

- For coverage effective January 1, 2009, TRS monthly premiums have decreased as follows:
  - \$47.51 for Member-only coverage (previously \$81.00)
  - \$180.17 for Member and family coverage (previously \$253.00)
- The monthly premium amount could change every year on January 1.

### Coverage

- TRS offers healthcare coverage similar to TRICARE Standard and Extra (with applicable cost-shares and annual deductibles; see full list at [www.tricare.mil/costs](http://www.tricare.mil/costs)).
- Pay fewer out-of-pocket costs when choosing a provider in the TRICARE network.
- No referrals are required; some care will require prior authorization from TriWest.
- TRS coverage includes TRICARE's prescription drug program.

### Enroll and Purchase TRS Coverage

- Enroll using the TRS Request Form (DD 2896-1) located at the Guard and Reserve Web Portal: <https://www.dmdc.osd.mil/appj/trs/>
  - Reserve Component sponsors log in and verify their eligibility.
  - Choose single or family coverage and a coverage start date.
  - Print out, sign and date the DD 2896-1 form.
  - You will have to send in the first month's premium with the enrollment form.
  - Submit signed form (with premium payment) to TriWest Healthcare Alliance:

If paying by check, money order or cashier's check, mail to:	If paying by credit card, fax to:
<b>TriWest Healthcare Alliance</b>	
<b>PO Box 42048</b>	<b>1-866-441-8843</b>
<b>Phoenix, AZ 85080-2048</b>	

### Automatic Premium Payments

- After you enroll in TRS, you can register for an account on [www.triwest.com/beneficiary](http://www.triwest.com/beneficiary) to set up automatic monthly premium payments by:
  - Recurring credit card (Visa® or MasterCard®)
  - Electronic funds transfer (from your bank checking or savings account)

### Questions?

- TriWest's Guard and Reserve Resource Center at [www.triwest.com/ngr](http://www.triwest.com/ngr)
- Benefits specialists are available at 1-888-TRIWEST (874-9378).
- For eligibility issues, contact your Service's POC at [www.defenselink.mil/ra/html/tricare.html](http://www.defenselink.mil/ra/html/tricare.html)