

TriWest Offering Continuing Education

In cooperation with the University of North Texas (UNT) Health Science Center at Fort Worth, TriWest is offering a free online course for providers to better help TRICARE beneficiaries deal with post-deployment behavioral health issues. Providers who complete the course will receive two contact hours of Continuing Education Unit (CEU) credits.

The course's target audience is primary care providers and behavioral health providers who care for men, women and families of the U.S. Armed Forces. Statistics have shown that approximately 47 percent of military members deployed in the War on Terror are National Guard and Reserve members. When they return from deployment, most return to their home communities that may not be near military treatment facilities. In addition, many of their healthcare providers are not familiar with deployment-related health issues.

The course's goal is to equip providers with information to better identify and treat post-combat mood and anxiety disorders, enabling them to more effectively work with patients, families and other healthcare team members.

The content is a streaming video of a live Posttraumatic Stress Disorder seminar. TriWest created an interface that displays the video and also tracks the viewer's progress; providers will need to watch all videos before they can access the online evaluation and credit request form. Most importantly, this has been reviewed by UNT and approved as meeting CEU criteria. A link to the video and specific continuing education information can be found on the home page of www.triwest.com/provider in the Stay Updated section under the Continuing Education link.

The faculty consists of VADM (ret.) Harold M. Koenig, M.D. Former Surgeon General of the Navy President & Chairman of the Board, The Annapolis Center for Science Based Public Policy, and LTC Michael J. Roy, M.D., M.P.H., Professor of Medicine, Uniformed Services University of Health Sciences.

Upon completion of the course, the participant should be able to do:

- List three common reactions to stress and trauma in a forward deployed setting
- Identify three different diagnoses that post-deployed soldiers may present with in a clinical setting
- Compare and contrast at least three treatment options for post-deployed personnel with mood or anxiety disorders

The University of North Texas Health Science Center at Fort Worth is accredited by the American Osteopathic Association to award continuing medical education to physicians.

Software Requirements

<p>PC Windows 2000 or above Flash Player Plugin 7.0.1 Check my Flash Version Internet Explorer 5.5 or Firefox *Adobe Acrobat Reader *Required to view Printable PDF Version</p>	<p>MAC Mac OS 10.2.8 Flash Player Plugin 7.0.1 Check my Flash Version Safari *Adobe Acrobat Reader *Required to view Printable PDF Version</p>
--	---



TriWest Healthcare Alliance provides access to quality health care for 2.7 million members of America's military family in the 21-state TRICARE West Region.